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## [Dr.Berg's Interview with Dr Jason Fung on Intermittent Fasting \u0026 Weight Loss](#)

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Jason Fung \u0026amp; Lewis Howes by Lewis Howes 5 months ago 2 hours, 10 minutes 637,632 views In today's episode, Dr. Fung and I dive deep into some topics discussed in his new , book , , The Cancer Code, to learn the science

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complete guide to fasting , . Heal Your Body Through Intermittent, Alternate-Day, and Extended Fasting' by Jason

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## [REVIEW: The Complete Guide to Fasting \(by Jason Fung, Jimmy Moore\)](#)

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